**Disability Insurance Explained: Short-Term Disability**

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**Article**

Your ability to earn an income is one of your greatest assets. But what happens when an illness or injury forces you to take time off? Short-term disability insurance provides a financial safety net, covering a portion of your salary so you can recover without worry. Read our latest blog post to learn more.

**Video**

From ‘Traditional’ to ‘Voluntary’—short-term disability insurance comes in different forms. Understand your options and secure your income during life’s unexpected pauses.

**Infographic**

Life can throw unexpected challenges your way—a sudden illness, an injury, or even a complicated pregnancy. Short-term disability insurance helps protect your income when you can't work.

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